

Category	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Monday, September 01, 2014						Wednesday, October 01, 2014			Thursday, October 02, 2014			Friday, October 03, 2014		
Entrée							Philly cheese steak			Chicken Sandwich			Chicken and Waffles		
Meat/ Meat Alternate							BBQ Chicken Leg	3 oz	Chicken Patty	1 ea		W.G. Cheese Pizza	1 ea		
Misc							Mac and Cheese	1/4 cup							
Misc							Peach Cobbler	1/4 cup							
Veggie 1							Maple Glazed Sweet Potatoes	1/2 cup	Romaine salad / Tomato			Romaine Salad	1/4 cup		
Veggie 2							Romaine Salad	1/2 cup	Caif Blend Veggie	1/4 cup		Steamed Carrots	1/4 cup		
Fruit							Fresh apple	1/2 cup	Fresh banana	1 ea		Canned mixed fruit	1/4 cup		
Bread							Corbread Muffin	1 ea	W.W. Hamburger Bun	1 ea			1 ea		
Milk							Milk	1/2 cup	Milk	1/2 cup		Skim/ 1% white milk	1/2 cup		
Halal							Halal Chicken Nuggets	3 oz	Pizza Dippers	2ea		W.G. Cheese Pizza	1 ea		
H.S. 2nd Entrée							Chicken Breast	1 ea	Pizza Dippers	2 ea		Hamburger Patty w/ W.W.bun	1 ea		
	Monday, October 06, 2014			Tuesday, October 07, 2014			Wednesday, October 08, 2014			Thursday, October 09, 2014			Friday, October 10, 2014		
Entrée	Burrito			Ribbette			Roast Turkey			Philly Sub			Chicken and Waffles		
Meat/ Meat Alternate	Vegetarian Chili	1 ea		BBQ Beef Ribbette	1 ea		Sliced Turkey	3 oz	Philly Beef	2 oz		Chicken Chunks	8 ea		
Misc							Turkey Gravy	1 oz	Fajita Veggies	1/4 cup					
Misc							Steamed Green Beans	1/4 cup	Shredded Mozzarella Cheese	1 oz					
Veggie 1	Steamed Corn	1/4 cup		Baked Beans	1/4 cup		Mashed Potatoes	1/4 cup	Sweet Potato Waffle Fries	1/4 cup		Sweet Potato Fries	1/4 cup		
Veggie 2	Romaine Salad	1/4 cup		Romaine Salad	1/4 cup		Canned Peaches	1/4 cup	Romaine Salad	1/4 cup		Romaine Salad	1/4 cup		
Fruit	Canned Pineapple Tidbits	1/4 cup		Fresh Banana	1/4 cup		W.W. Dinner Roll	1 ea	Fresh Apple	1 ea		Mini Maple Eggo Waffles	1 pkg		
Bread				W.W. Hamburger Bun	1 ea		Milk	1/2 cup	W.W. Hoagie Roll	1 ea		Fresh Orange	1/2 cup		
Milk	Milk	1/2 cup		Milk	1/2 cup		Grilled cheese	3 ea	Milk	1/2 cup		Milk	1/2 cup		
Halal	Vegetarian Chili	1 ea		Garden Burger	1 ea		Meatloaf	1 ea	Falafel	3 ea		Halal Chicken Nuggets	5 ea		
H.S. 2nd Entrée	Turkey Meatballs	1ea		Chicken Patty	1 ea				Chicken Nuggets	5 ea		Cheese Pizza	1 ea		
	Monday, October 13, 2014			Tuesday, October 14, 2014			Wednesday, October 15, 2014			Thursday, October 16, 2014			Friday, October 17, 2014		
Entrée	Grilled cheese Sandwich			Orange Chicken			Turkey Burger			Pepper Steak			Chicken and Waffles		
Meat/ Meat Alternate	Grilled cheese Sandwich	1 ea		Chicken Nuggets	5 ea		Turkey Burger	1 ea	Philly Beef	3 oz		Pizza Dippers	2 ea		
Misc				Orange Sauce	1 oz		Sliced American Cheese	1sl	Fajita Veggies	1/4 cup					
Misc				Fajita veg	1/4 cup		Green Beans	1/4 cup	Brown Rice	1/4 cup		Romaine Salad	1/4 cup		
Veggie 1	Baked Beans	1/4 cup		Brown Rice	1/4 cup		Potato Wedges	1/4 cup	Romaine Salad	1/4 cup		Steamed Green Beans	1/4 cup		
Veggie 2	Romaine Salad	1/4 cup		Romaine Salad	1/4 cup		Canned Applesauce	1/4 cup	Fresh Banana	1 ea		Canned Peaches	1/4 cup		
Fruit	Canned Mixed Fruit	1 ea		Fresh Apple	1 ea		W.W. Hamburger Bun	1 ea	W.W. Dinner Roll	1 ea					
Bread				W.W. Dinner roll	1 ea		Milk	1/2 cup	Milk	1/2 cup		Skim/ 1% white milk	1/2 cup		
Milk	Milk	1/2 cup		Milk	1/2 cup		Garden Burger	1 ea	Fish nuggets	5 ea		Pizza Dippers	5 ea		
Halal	Grilled Cheese Sandwich	1 ea		Falafel	3 ea		Chicken Patty	1 ea	Chicken Nuggets	5 ea		Mini Twin Cheeseburgers	1 ea		
H.S. 2nd Entrée	BBQ beef Ribette w/ W.W. Bun	1 ea		Meatballs w/ Turkey Gravy	1 ea										
	Monday, October 20, 2014			Tuesday, October 21, 2014			Wednesday, October 22, 2014			Thursday, October 23, 2014			Friday, October 24, 2014		
Entrée	Cheese Pizza			Chicken Fajita			Cheeseburger			Ribbette			Chicken and Waffles		
Meat/ Meat Alternate	W.G. Cheese Pizza	1 ea		Fajita Chicken	3 oz		Hamburger Patty	1 ea	BBQ Beef Ribbette	1 ea		Chicken Chunks	8 ea		
Misc				Fajita Veggies	1/4 cup		American Cheese	1 sl							
Misc				Shredded Cheddar cheese	1 oz		Potato wedges	1/4 cup	Maple Sweet Potato cubes	1/4 cup		Sweet Potato Fries	1/4 cup		
Veggie 1	Romaine Salad	1/4 cup		Red Beans and Rice	1/4 cup		Romaine Salad	1/4 cup	Romaine Salad	1/4 cup		Romaine Salad	1/4 cup		
Veggie 2	Steamed Carrots	1/4 cup		Romaine Salad	1/4 cup		W.W. Hamburger Bun	1 ea	Canned Pineapple Tidbits	1/4 cup		Mini Maple Eggo Waffles	1 pkg		
Fruit	Canned Peaches	1/4 cup		Fresh Banana	1 ea		Fresh Appl	1/2 cup	W.W. Hamburger Bun	1 ea		Fresh Orange	1/2 cup		
Bread	Hamburger Bun(H.S. Only)	1 ea		W.W. Tortilla	1 ea		Milk	1/2 cup	Milk	1/2 cup		Milk	1/2 cup		
Milk	Skim/ 1% white milk	1/2 cup		Milk	1/2 cup		Falafel	3 ea	Catfish Strips	1 ea		Halal Chicken Nuggets	5 ea		
Halal	W.G. Cheese Pizza	1 ea		Garden Burger	1 ea		BBQ Beef Ribbette	1 ea	Chicken Breast	1 ea		Cheese Pizza	1 ea		
H.S. 2nd Entrée	Hamburger Patty	1 ea		Chicken Breast	1 ea										
	Monday, October 27, 2014			Tuesday, October 28, 2014			Wednesday, October 29, 2014			Thursday, October 30, 2014			Friday, October 31, 2014		
Entrée	BBQ Falafel Wrap			Roast Turkey			Steak Fajita			Chicken Sandwich			Holiday Nuggets		
Meat/ Meat Alternate	Falafel	3 ea		Sliced Tirkey	3 oz		Philly Beef	3 oz	Chicken Patty	1 ea		Holiday Nuggets	3 ea		
Misc	BBQ sauce	1 oz		Turkey Gravy	1 oz		Fajita Veggies	1/4 cup				BBQ sauce pc	1 ea		
Misc	American cheese	1 sl		Steamed Green Beans	1/4 cup		Black Beans	1/4 cup	Romaine salad / Tomato			Holiday Cookies	1 pk		
Veggie 1	Steamed Corn	1/4 cup		Mashed Potatoes	1/4 cup		Shredded Lettuce/ Tomato	1/4 cup	Caif Blend Veggie	1/4 cup		Maple Sweet Potato cubes	1/4 cup		
Veggie 2	Romaine Salad	1/4 cup		Fresh Apple	1/4 cup		Fresh apple	1/4 cup	Romaine Salad	1 ea		Romaine Salad/ Tomato	1/4 cup		
Fruit	Canned Mixed Fruit	1/4 cup		W.W. Dinner Roll	1 ea		W.W. Tortilla	1 ea	Fresh banana	1 ea		Strawberry Cups	1/4 cup		
Bread	W.W. Tortilla	1 ea		Milk	1/2 cup		Milk	1/2 cup	W.W. Hamburger Bun	1 ea		W.W. Dinner roll	1 ea		
Milk	Milk	1/2 cup		Fish nuggets	3 ea		Veggie Taco Filling	3 oz	Milk	1/2 cup		Milk	1/2 cup		
Halal	Falafel	3 ea		Meatloaf	1 ea		Chicken Breast	1 ea	Pizza Dippers	2ea		Halal Chicken Nuggets	5 ea		
H.S. 2nd Entrée	Turkey Meatballs	5 ea							Pizza Dippers	2 ea		BBQ Beef Ribbette w/ Bun	1 ea		

FRESH FRUIT BOWL OFFERED DAILY

HIGH SCHOOLS, PLEASE OFFER TWO ADDITIONAL ENTREES; SUBMARINE SANDWICH AND COMBO SALAD DAILY**